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Double cheesy black bean burrito taco bell calories

Double Cheesy Black Bean Burrito If Pioneers had Taco Bell, they would probably have eaten these. Back in the pioneering days, restless westward travelers would sit around the campfire and eat cans of beans to give them the much-needed energy to take on the unknown. But now, they can just get some of their energy with a little help from the Double Cheesy Black Bean Burrito. **Ingredients** Black Beans Nacho Cheese Sauce Seasoned Mexican Rice Black Beans: Black beans, water, onion, canola oil, seasoning (water, dextrose, salt, natural flavor, corn starch, corn oil, onion powder, garlic powder, turmeric), modified corn starch, salt, chili powder, garlic, onion, [certified vegan], Flour Tortilla: Enriched wheat flour, water, vegetable shortening (soybean, hydrogenated soybean and/or cottonseed oil), sugar, salt, leavening (baking soda, sodium acid pyrophosphate), molasses, dough conditioner (fumaric acid, distilled monoglycerides, enzymes, vital wheat gluten, cellulose gum, wheat starch, calcium carbonate), calcium propionate, sorbic acid, and/or potassium sorbate (P). Contains: Wheat. [certified vegan], Red Sauce: Water, seasoning (maltodextrin, modified corn starch, paprika, salt, tomato powder, spices, natural flavors, paprika (VC), onion powder, xanthan gum, malic acid, vitamin C, citric acid, torula yeast). [certified vegan], Seasoned Rice: Enriched long grain rice, water, canola oil, seasoning (maltodextrin, salt, natural flavors, tomato powder, sugar, garlic powder, spices, onion, tomato, red and green bell peppers, citric acid, paprika, onion powder, paprika (VC), disodium quanylate and inosinate, torula yeast. [certified vegan], Three Cheese Blend: Part skim mozzarella cheese, cheddar cheese, monterey pepper jack cheese (cultured pasteurized milk, salt, enzymes, water, cream, sodium citrate, jalapeno peppers, sodium phosphate, lactic acid, sorbic acid (P)), anti-caking agent. Contains: Milk [certified vegetarian] Note: Menus will scroll horizontally and vertically so that you can view all of the data. Updated 2021. Jump to: back to top Tacos - Nutrition charts for tacos vary slightly by ingredients but generally contain between 170 and 190 calories, with 10 or so grams of fat and less than 20 grams of carbohydrates. Burritos - Traditional offerings include the chicken burrito, which boasts 440 calories per serving, 18 grams of fat, 46 grams of carbs, 960mg of sodium, and 30mg cholesterol. Patrons ordering grilled stuffed burritos should expect to consume at least 830 calories for chicken versions of the menu item and upwards of 40 grams of fat, 96 grams of carbs, 2,200mg of sodium, and 85mg of cholesterol. back to top back to top back to top Nachos - A standard order of nachos contains 290 calories and 16 grams of fat. Customers should expect to consume 100s of milligrams of sodium per serving of nachos due to the salted corn chips used as the bases for the menu items. Cheese & sauces - Reduce fat by leaving out cheese and forgoing the use of dipping sauces like ranch dressing. back to top back to top back to top back to top back to top Calories Calories from Fat Total Fat(g) Sat Fat(g) Trans Fat(g) Cholesterol(mg) Sodium(mg) Carbs(g) Fiber(g) Sugar(g) Protein(g) Breakfast Crunchwrap - Bacon 670 370 41 12 0 140 1,270 50 4 3 21 Breakfast Crunchwrap - Sausage 720 430 47 15 0 145 1,210 51 4 3 21 Breakfast Crunchwrap - Steak 660 350 38 12 0 145 1,300 51 4 3 24 Breakfast Salsa Packet (V) 0 0 0 0 0 50

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